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Toronto Rehabilitation Institute
*A University of Toronto
Teaching and Research Hospital*

2010 Alzheimer Symposium Aging in Place: Dementia Care Throughout the Continuum

* **Friday, February 26, 2010**

Chestnut Conference Centre
89 Chestnut Street, Toronto

* **Register online now at
[www.torontorehab.com/
education/alzheimersymposium
2010index.html](http://www.torontorehab.com/education/alzheimersymposium2010index.html)**

Alzheimer Society
TORONTO

Aging in Place: Dementia Care Throughout the Continuum

The ability to remain at home, wherever that might be, requires a better understanding of the progression of dementia and of new approaches to care throughout the continuum. Attend the 2010 Alzheimer Symposium to explore the leading issues related to aging in place and practical solutions that address changing patient and caregiver needs!

This **must-attend event** for all health care professionals and students working in the geriatric field will include plenary sessions, interactive interprofessional panel discussions and hands-on workshops that will be repeated during the day.

Program Agenda

7:30 – 8:30 Registration and Continental Breakfast

8:30 – 8:45 Welcoming Remarks

8:45 – 9:00 **Dealing with the Challenges of Alzheimer's Disease: a Caregiver's Perspective**

Caring for a loved one with Alzheimer's disease is a demanding role. Hear one caregiver recount experiences and the challenges faced in dealing with this disease.

9:00 – 9:45 **Keynote Dementia and Palliative Care: Planning for the End at the Beginning**

Laurie Mallery, MD, FRCPC
Head, Division of Geriatric Medicine, Dalhousie University

Paige Moorhouse, MD, MPH, FRCPC
Division of Geriatric Medicine, Capital District Health Authority

Caring for those with dementia and chronic medical illness requires knowledgeable evaluation and perceptive paradigms to treat complex interacting conditions. On one hand, the medical management and treatment of frail elderly individuals may improve health status and symptoms; but treatment without recognition of arrival at the end of life may cause undue adverse effects. This session will review the importance of considering palliative care for those with advanced illness and dementia. It will also examine the principles needed to harmonize palliative and therapeutic interventions.

9:45 – 10:15 Nutrition Break and Exhibit Viewing
10:15 – 11:15 **Workshops – Session 1**
All five workshops will run concurrently at 10:15 and again at 14:00.

Workshop 1 Diagnosis and Management of Cognitive Impairment in Family Practice

Robert Lam, MD CCFP
(Care of the Elderly)
Physician, Geriatric Rehabilitation Program, Toronto Rehabilitation Institute; Assistant Professor, Department of Family Medicine, University of Toronto

This interactive session will follow a 66-year-old man who goes to his family physician complaining of memory problems and is followed as his symptoms worsen. This session will help you recognize normal cognitive aging and mild cognitive impairment. It will also explain tests used for diagnosis of Alzheimer's disease and treatments recommended for dementia, including the use of cognitive enhancers.

Workshop 2 Emerging Technologies to Assist Alzheimer Patients to Live at Home Safely

Alex Mihailidis, PhD, PEng
Scientist, Toronto Rehabilitation Institute; Associate Professor, Department of Occupational Science and Occupational Therapy, University of Toronto

This presentation will focus on the development of intelligent systems and smart homes to support the wellness of older adults and aging in place.

Specifically, it will provide an overview of the design approach and philosophy that is currently being applied by the Intelligent Assistive Technology and Systems Lab (University of Toronto, Canada). Two example projects where this approach has been used will be presented. The first project is the COACH, which is an intelligent prompting system to help guide older adults with dementia through common self-care activities. The second project is HELPER, which is an intelligent emergency response and health monitoring system.

Workshop 3 Creating Lesbian, Gay, Bisexual and Transgender (LGBT) Culturally Competent Care in Long-Term Care

Dick Moore
Older GLBT Coordinator, The 519 Church Street Community Centre

Michael Saunders
Resident – Client Advocate, City of Toronto Long-Term Care Homes and Services; Chair, LGBT Steering Committee

There is significant evidence that the needs of LGBT elders are not always well-served by the mainstream health care system. Hospitals, long-term care homes and elder care community agencies are not always ready to provide appropriate care for LGBT seniors in a manner that respects their history, preferences and values. So, what happens when a LGBT senior needs long-term care?

This session will profile the journey undertaken by the City of Toronto Long-Term Care Homes and Services Division and their community partners

to develop a respectful, practical, transferable approach and "toolkit" to guide long-term care homes in building cultural competency in order to provide LGBT elders with welcoming, safe and inclusive environments.

Workshop 4 Balancing Dementia at Home with Dignity – Practical Tips for Home Safety and Caregiver Support

Alison Lake, OT, Reg (Ont.)
Occupational Therapist, Regional Geriatric Program, University Health Network

Maria Martinez, MSW, RSW
Medical Social Worker, Memory Clinic, University Health Network

This workshop will focus on the experiences of the Allied Health professionals from the Toronto Western Hospital Memory Clinic and the team-based approach to managing people with dementia in their home environment. Through case scenarios and discussion, participants will learn strategies related to home safety assessment, intervention and caregiver support that address the unique challenges related to the progression of dementia in the home environment. The session will highlight the unique perspective and importance of a comprehensive assessment and the value it adds to the experience of the person with dementia, caregivers, and the interprofessional team.

Workshop 5 Dementia is NOT an Analgesic

Wanda Kiersnowski, RN, BScN, GNC(C)
Clinical Nurse Educator, Geriatric Program, Toronto Rehabilitation Institute

Debbie Driver, RN(EC), MN, CRN(C), CRRN
Geriatric Emergency Management (GEM) Nurse Practitioner, Emergency and Urgent Care, The Scarborough Hospital, General Campus

The pain that people with dementia experience is often under-recognized and can have a serious negative impact on relationships and quality of life. This workshop will enhance clinicians' awareness of their patients' pain. The interrelationship between the pain experience and responsive behaviors will be explored. Participants will learn practical assessment techniques and pain management interventions.

11:15 – 12:00 **Keynote Mental Capacity for Decision Making – What it is, What it is Not and How to Assess it**

Judith A. Wahl, BA, LLB
Executive Director, Advocacy Centre for the Elderly

This session will be a practical review of what the mental capacity for decision making is, how it is defined and how it is assessed. It will also review who may assess capacity under what circumstances, the significance of a finding of incapacity, who the substitute decision makers are if someone is incapable, and the various hearings that may take place before the Consent and Capacity Board concerning capacity.

12:00 – 13:00 **Networking Lunch and Exhibit Viewing**

13:00 – 13:45 **Keynote Approach to Managing Responsive Behaviours Across the Continuum**

Sylvia Davidson, MSc, BSc, DipGer, OT Reg. (Ont.)
Advanced Practice Leader, Geriatric Rehab Program, Toronto Rehabilitation Institute

In this session, the participants will have the opportunity to develop a systematic approach to understanding responsive behaviours. Patients will also increase their personal repertoire of management strategies and acquire increased confidence as advocates for individuals with dementia.

13:45 – 14:00 Nutrition Break

14:00 – 15:00 **Workshops – Session 2**
See description above

15:05 – 16:00 **Interprofessional Panel Discussion: Dementia Care Throughout the Continuum**

In this interactive session some of the days' keynote speakers and other invited panelists will discuss a case scenario that addresses a broad range of topics associated with the continuum of care and the treatment of Alzheimer's disease. Topics may include the issues

associated with pharmacological treatment, behaviour, community integration, resources, policy and more. Bring your questions from the case material for this session, which you will receive during the day, and from your real-life experience.

Moderator:
Ron Keren, MD, FRCPC
Physician Leader, Geriatric Psychiatry Service, Toronto Rehabilitation Institute; Assistant Professor, Department of Psychiatry, University of Toronto

Panelists:
Sylvia Davidson, MSc, BSc, DipGer, OT Reg. (Ont.)
Advanced Practice Leader, Geriatric Rehab Program, Toronto Rehabilitation Institute

Paige Moorhouse, MD, MPH, FRCPC
Division of Geriatric Medicine, Capital District Health Authority

Laurie Mallery, MD, FRCPC
Head, Division of Geriatric Medicine, Dalhousie University

Mary E. Schulz, MSW, RSW
Director of Education, Alzheimer Society of Canada

Judith A. Wahl, BA, LLB
Executive Director, Advocacy Centre for the Elderly

16:10 Evaluation and Closing Remarks

Register online now at
www.torontorehab.com/education/alzheimersymposium2010index.html

Registration

 Register by January 22 2010, to take advantage of our Early Bird special.

Registration includes continental breakfast, refreshment breaks, lunch, workshop materials and a certificate of attendance.

Conference Rates

\$275 Individual Rate

\$245 Early Bird Rate before January 22, 2010

\$235 Group Rate* (cost is per person)

\$195 Student Rate**

*Groups of three or more from the same organization

**Students must present a photocopy of a valid student ID

Registration closes at 17:00 on Wednesday, February 24, 2010. Payment by VISA, MasterCard or cheque must accompany the completed online registration form. All cheques must be made payable to the order of Toronto Rehabilitation Institute.

Cheque payments must be received on or before Friday, February 5, 2010.

Registration deadlines and fees are subject to change.

Cancellation Policy

A full refund, minus a \$75 administration fee, will be issued for cancellations received via facsimile or e-mail on or before Friday, February 5, 2010. No refunds will be issued after this date. Refunds will not be granted to registrants who do not attend the conference.

If you would like more information about registration guidelines and prices, please contact Toronto Rehab's Conference Services at 416-597-3422, ext. 3693.

Conference Venue

Chestnut Conference Centre
89 Chestnut Street, Toronto, ON M5G 1R1
416-977-0707

Chestnut Street is located two blocks east of University Avenue, south of Dundas Street. St. Patrick is the nearest subway station.

For more information about the 2010 Alzheimer Symposium – *Aging in Place: Dementia Care Throughout the Continuum* or about other Toronto Rehab events, please contact Conference Services at:

Phone: 416-597-3422, ext. 3693

E-mail: conferences@torontorehab.on.ca

www.torontorehab.com/education

About Toronto Rehab

Toronto Rehabilitation Institute

A University of Toronto Teaching and Research Hospital

Toronto Rehab is Canada's largest teaching and research hospital specializing in adult rehabilitation, complex continuing care and long-term care. At Toronto Rehab, our goal is to advance rehabilitation and enhance quality of life by pushing the frontiers of rehabilitation science. As a fully affiliated and specialized teaching and research hospital of the University of Toronto, we do everything humanly possible to generate new knowledge, put it into practice and share our discoveries with others. Each year, Toronto Rehab's patient care, research and education programs make a difference in the lives of more than 15,000 people who experience disabling injury, illness and conditions associated with aging. More information is available at www.torontorehab.com.

If you would like to support Toronto Rehab's work, please contact the Toronto Rehab Foundation at [416-597-3040](tel:416-597-3040) or foundation@torontorehab.on.ca.

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